

**Community Style and Low Cost Acupuncture Clinic Listings\***  
***Due to COVID-19 clinic availability and policies may have changed***

**APPLE VALLEY**

**South Metro Community Acupuncture**

Kenda Kokkila L.Ac.  
138 Chaparral Drive  
Apple Valley, MN 55124  
651-456-8144  
[southmetrocommunityacupuncture.weebly.com](http://southmetrocommunityacupuncture.weebly.com)

**BLOOMINGTON**

**An Medi-Zen**

Dr. Sharon Johnson-Eby  
9354 Ensign Avenue S  
Bloomington, MN 55438  
952-855-7535

**Lowry Community Acupuncture**

Robert Lowry Jr. L.Ac.  
8609 Lyndale Ave S., Suite 105F. Bloomington, MN 55420  
952-994-6585  
[www.lowrycommunityacupuncture.com](http://www.lowrycommunityacupuncture.com)

**COON RAPIDS**

**Points North Community Acupuncture**

Sarah DeLaForest, L.Ac.  
10026 University Ave NW Ste. 105, Coon Rapids, MN 55448  
763-780-9384  
<http://www.pointsnca.com>

**DULUTH**

**Professional Acupuncture and Physical Therapy**

**Heidi LaBore Smith L.Ac.**

205 W. 2<sup>nd</sup> St. Suite 502, Duluth, MN 55802  
218-724-3400  
[www.acupro.com](http://www.acupro.com)

**ISANTI**

**Willowbridge Center**

**4 Enterprise Avenue NE**

**Isanti, MN**

763-552-6161  
[www.willowbridge.com](http://www.willowbridge.com)

**MAPLE GROVE**

**Rising Sun Healing Arts**

**Lauren Fehr**

**9664 -63<sup>rd</sup> Ave N**

**Maple Grove, MN 55369**

612-205-5847

<https://risingsunhealingarts.openacu.me>

**MINNEAPOLIS**

**George Wellbeing at YMCA**

Ray Himmelman Le Blanc, L.Ac.

Blaisdell YMCA,

3335 Blaisdell, Avenue, Minneapolis, MN

612-827-5401

**Kingfield Community Acupuncture**

Christian Fetsch L.Ac.

100 W 46<sup>th</sup> St. Minneapolis, MN 55419

612-568-2545

[www.kingfieldca.com](http://www.kingfieldca.com)

**Minneapolis Community Acupuncture**

Deborah Owen

3706 East 42<sup>nd</sup> Street. Minneapolis, MN 55406

(612) 708-8917

<http://www.mplsacu.com>

**Southpoint Community Acupuncture**

Jessica Hanson, L. Ac.

1828 E. 38<sup>th</sup> St. Minneapolis, MN 55407

[www.southpointcommunityacupuncture.com](http://www.southpointcommunityacupuncture.com)

612-724-3891

**NE Wellness**

1224 2<sup>nd</sup> St NE. 2<sup>nd</sup> floor

Minneapolis, MN 55413

612-399-6322

[www.newellnessmpls.com](http://www.newellnessmpls.com)

**PLYMOUTH**

**Minnesota Community Acupuncture**

4455 Highway 169 North, Suite 201

Plymouth, MN 55442

952-746-4378

[www.minnca.com/plymouth.html](http://www.minnca.com/plymouth.html)

**RICHFIELD**

**Anodyne Community Acupuncture**

Sarah Miklos, L.Ac.

1520 E. 66<sup>th</sup> St. Richfield, MN 55423

612-314-6987

<http://anodyneacupuncture.com/>

**ST.PAUL**

**St. Paul Community Acupuncture**

Trish Kanous, L. Ac.

1619 Dayton #107

St. Paul, MN 55104

(651) 207-6865

<http://www.stpaulca.com/>

**STILLWATER**

**Healing Within—Community Acupuncture**

Aimee Van Ostrand, L.Ac.

904 S. Fourth Street #200 Stillwater, MN 55082

651-295-1950

<http://www.healingwithinacupuncture.com/>

**WHITE BEAR LAKE**

**Healing Within – Community Acupuncture**

Aimee Van Ostrand, L.Ac.

214 5<sup>th</sup> St. #4, White Bear Lake, MN 55110

(651)295-1950

<http://www.healingwithinacupuncture.com/>

# **Community Style and Low Cost Acupuncture Clinic Listings\***

***Due to COVID-19 clinic availability and policies may have changed***

## **Other Twin City Area low cost or free acupuncture clinics:**

### **BLOOMINGTON**

**Northwestern Health Sciences University**

2501 85<sup>th</sup> St. Bloomington, MN 55431

952-885-5450

Low cost treatment from NWHHSU interns

### **MINNEAPOLIS**

**Salvation Army Harbor Lights Clinic**

1010 Currie Ave. Minneapolis, MN 55403

612-767-3100

Free treatments from NWHHSU interns

**Integrative Clinic of Minnesota**

**St. Paul's ELCA (Phillips Neighborhood Clinic)**

2742 15<sup>th</sup> Ave. South, Minneapolis, MN 55407

<https://www.nwhealth.edu/integrative-clinic-minnesota/>

Open: Weds. 6 PM-9 PM, Sat. 8 AM-12 PM

Stop by during clinic hours to schedule an appointment

Free treatments from NWHHSU interns

## **Why Community Acupuncture?**

Community Acupuncture is a new movement and business model within the Oriental Medicine community being adopted by practitioners that want to provide affordable and effective Oriental Medicine to everyone.

While one visit may provide moderate relief for some ailments, research in the US (as well as thousands of years of tradition in Asia) has shown that acupuncture is most effective when it is done frequently and continuously over time – once a week is usually the minimum frequency required to make progress on any kind of chronic health problem. By making our treatments affordable, we hope that patients can come often enough, and for a long enough period to help patients get relief, feel better and stay better.

Clinics on this list generally offer sliding scale pricing in the range of \$15-\$50. Please see individual clinic websites for further information about clinic policies.