

Community Style and Low Cost Acupuncture Clinic Listings*

APPLE VALLEY

South Metro Community Acupuncture

Kenda Kokkila L.Ac.
138 Chaparral Drive
Apple Valley, MN 55124
651-456-8144
southmetrocommunityacupuncture.weebly.com

BLOOMINGTON

An Medi-Zen

Dr. Sharon Johnson-Eby
9354 Ensign Avenue S
Bloomington, MN 55438
952-855-7535

Anodyne Community Acupuncture

Sarah Miklos, L.Ac.
220 West 98th St, Suite 1A, Bloomington, MN 55420
612-314-6987
<http://anodyneacupuncture.com/>

Lowry Community Acupuncture

Robert Lowry Jr. L.Ac.
8609 Lyndale Ave S., Suite 105F. Bloomington, MN 55420
952-994-6585
www.lowrycommunityacupuncture.com

COON RAPIDS

Points North Community Acupuncture

Sarah DeLaForest, L.Ac.
10026 University Ave NW Ste. 105, Coon Rapids, MN 55448
763-780-9384
<http://www.pointsnca.com>

DULUTH

Professional Acupuncture and Physical Therapy

Heidi LaBore Smith L.Ac.
205 W. 2nd St. Suite 502, Duluth, MN 55802
218-724-3400
www.acupro.com

ISANTI

Willowbridge Center
4 Enterprise Avenue NE
Isanti, MN
763-552-6161
www.willowbridge.com

MAPLE GROVE

Rising Sun Healing Arts
Lauren Fehr
9664 -63rd Ave N
Maple Grove, MN 55369
612-205-5847
<https://risingsunhealingarts.openacu.me>

MINNEAPOLIS

Blaisdell YMCA - FREE

https://www.ymcanorth.org/news/2023/01/30/4611936/ymca_george_wellbeing_hosts_free_daily_community_acupuncture

Kingfield Community Acupuncture

Christian Fetsch L.Ac.
100 W 46th St. Minneapolis, MN 55419
612-568-2545
www.kingfieldca.com

Minneapolis Community Acupuncture

Deborah Owen
3706 East 42nd Street. Minneapolis, MN 55406
(612) 708-8917
<http://www.mplsacu.com>

Southpoint Community Acupuncture

Jessica Hanson, L. Ac.
1828 E. 38th St. Minneapolis, MN 55407
www.southpointcommunityacupuncture.com
612-724-3891

NE Wellness

1717 2nd St NE
Minneapolis, MN 55413
612-399-6322
www.newnessmpls.com

PLYMOUTH

Minnesota Community Acupuncture

4455 Highway 169 North, Suite 201
Plymouth, MN 55442
952-746-4378
www.minnca.com/plymouth.html

ST. PAUL

Midway YMCA - FREE

https://www.ymcanorth.org/news/2023/01/30/4611936/ymca_george_wellbeing_hosts_free_daily_community_acupuncture

St. Paul Community Acupuncture

Trish Kanous, L. Ac.
1619 Dayton #107
St. Paul, MN 55104
(651) 207-6865
<http://www.stpaulca.com/>

STILLWATER

Healing Within—Community Acupuncture

Aimee Van Ostrand, L.Ac.
904 S. Fourth Street #200 Stillwater, MN 55082
651-295-1950
<http://www.healingwithinacupuncture.com/>

WHITE BEAR LAKE

Healing Within – Community Acupuncture

Aimee Van Ostrand, L.Ac.
214 5th St. #4, White Bear Lake, MN 55110
(651)295-1950
<http://www.healingwithinacupuncture.com/>

Community Style and Low Cost Acupuncture Clinic Listings*

Other Twin City Area low cost or free acupuncture clinics:

BLOOMINGTON

Northwestern Health Sciences University

2501 85th St. Bloomington, MN 55431
952-885-5450

Low cost treatment from NWHHSU interns

MINNEAPOLIS

Blaisdell YMCA - FREE

https://www.ymcanorth.org/news/2023/01/30/4611936/ymca_george_wellbeing_hosts_free_daily_community_acupuncture

Salvation Army Harbor Lights Clinic

1010 Currie Ave. Minneapolis, MN 55403
612-767-3100

Free treatments from NWHHSU interns

Integrative Clinic of Minnesota

St. Paul's ELCA (Phillips Neighborhood Clinic)
2742 15th Ave. South, Minneapolis, MN 55407

<https://www.nwhealth.edu/integrative-clinic-minnesota/>

Open: Weds. 6 PM-9 PM, Sat. 8 AM-12 PM

Stop by during clinic hours to schedule an appointment

Free treatments from NWHHSU interns

ST. PAUL

Midway YMCA - FREE

https://www.ymcanorth.org/news/2023/01/30/4611936/ymca_george_wellbeing_hosts_free_daily_community_acupuncture

Why Community Acupuncture?

Community Acupuncture is a new movement and business model within the Oriental Medicine community being adopted by practitioners that want to provide affordable and effective Oriental Medicine to everyone.

While one visit may provide moderate relief for some ailments, research in the US (as well as thousands of years of tradition in Asia) has shown that acupuncture is most effective when it is done frequently and continuously over time – once a week is usually the minimum frequency required to make progress on any kind of chronic health problem. By making our treatments affordable, we hope that patients can come often enough, and for a long enough period to help patients get relief, feel better and stay better.

Clinics on this list generally offer sliding scale pricing in the range of \$15-\$50. Please see individual clinic websites for further information about clinic policies.